



## **How to make your holiday environmentally friendly ...**

OUR ENVIRONMENT IS CONCERNING US ALL. LET'S TRY TO PROTECT OUR ENVIRONMENT TOGETHER AND LET'S TAKE RESPONSIBILITY FOR IT.

### **The environmental spirit**

As the environment we declare the space surrounding us, the place where we live: Air, earth, water, flora and fauna. The protection of this ecosystem has absolutely priority. The influence on the ecosystem by human beings has led to big environmental problems throughout the last decades, which now we can feel and realize the obvious.

The hotel Apollonia Beach Resort & Spa has realized these problems and has been involved for several years actively in environmental care projects.

In beware of the necessity of environmental protection and to decrease unnecessary rubbish the hotel is using big packaging instead of single packaging and therefore prefers partners that are also carrying out the thought of environmental care. In our restaurant and bar outlets we work with post-mixes to reduce one-way bottles, and in the housekeeping area we use only cleaning chemicals that are sociable to the environment.

### **Our contribution to saving energy**

To save energy and herewith to reduce the CO2 production the hotel Apollonia Beach Resort & Spa foregoes the usage of conventional bulbs and uses only energy saving bulbs. For the reduction of water usage, we have installed water saving buttons in the toilets and one-arm-water taps in all public areas.

To heat up the water the hotel has been equipped with 540 sqm of sun collectors.

The air-conditions – one of the biggest CO2 producer and energy waste – has been equipped with electricity cutting systems in the guests' rooms, to guarantee the correct using in the thought of environmental protection. Also, our garden has been equipped with dripping water systems to guarantee adequate use of irrigation.

### **You also can help us**

- ⊗ Reduce as much unnecessary energy as possible.
- ⊗ Close the doors and windows while using the air-conditioning.
- ⊗ By keeping your room temperature at 18-20°C you can help us to save electricity.
- ⊗ Close the lights and electronic devices that you do not use.
- ⊗ Reduce the spending of water: take a shower instead of bathing, use the water-saving buttons on the toilets, turn off the water while you are brushing your teeth or soap yourself.
- ⊗ Observe the optional towel change system
- ⊗ Try to avoid unnecessary waste.
- ⊗ Help us in our recycling program: you will find a recycling bin for aluminum, plastics and papers next to the beach-bar.
- ⊗ You will find a battery disposal next to the guest relations office for your empty batteries.
- ⊗ Use public transport. You will find a bus station in front of the hotel exit.

## Eco actions in your room

### Waste Management

- ♻️ For your laundry we provide you with bags at the front desk.
- ♻️ Fruit baskets without packaging material.
- ♻️ Wine and mineral water bottles which are provided as a welcome present are recyclable.
- ♻️ Partially used soaps are recycled.
- ♻️ Soap dispensers in the bathrooms to prevent waste.
- ♻️ Use of concentrated cleaning products to reduce the packaging waste.

### Electricity and Water

Imagine how much energy and water is necessary day by day to wash hotel linen. Additionally, there is the pollution of the lakes and the sea by chemical detergents. Only one load of laundry in a typical household washing machine uses 152 l.

- ♻️ General light switches in all bedrooms.
- ♻️ Showers and faucets are equipped with mixer tabs in order to consume less water.
- ♻️ Towels will be exchanged only at the request of the guests
- ♻️ Bed linen is changed every three days or on request
- ♻️ Staff are informed of the electricity and water saving measures.

### Miscellaneous

- ♻️ Comply with strict control over the use of biodegradable cleaning products to the environmental and health regulations.
- ♻️ The hotel has been painted with water-soluble and non-toxic paint.
- ♻️ CFC-free refrigerators in all rooms.

You can make your stay environmentally friendly and support our room service in their environmental protection measures by observing the following ...

- ♻️ You can leave all the wine, mineral water, beer and juice bottles in your room. The staff will collect them to separate and to recycle.
- ♻️ Leave used soap bars in your bathroom. They will be collected to be recycled.
- ♻️ Use electricity and water to the extent that it will offer you a pleasant stay, but please do not waste it. **Help us to solve the problem of water and electricity shortages in Crete during the summer months.**
- ♻️ Once you discover dripping faucets, electrical problems, etc., please report them immediately at the reception, so that these deficiencies can be corrected by our maintenance department.

## How to reduce your plastic consumption in your holidays

### Reusable coffee cups

In all our restaurant and bar outlets you will find paper cups for your coffee-to-go. To avoid plastic waste, we do not provide plastic covers.

We kindly ask you to avoid plastic consumption during your sightseeing tours. If you purchase a coffee-to-go, please ask the shop assistant to leave the plastic cover. If you are in possession of a reusable thermos coffee cup, take it with you on your trip.

### Water bottles

During your stay at All Inclusive, you can drink as much as you like at all our restaurants and bar outlets. At the lobby bar all our guests will find a water tab to refill your bottles at any time of the day.

*If you buy bottled drinks in a supermarket, please consider that plastic bottles take 70-450 years to rot..*

## Soap & Shampoo

In your room and in our public toilets we provide soap and shampoo in dispensers. Please contact the reception desk if you notice that the dispenser is empty. We will immediately inform our housekeeping for refill.

## Drink decoration

Our hotel has replaced all plastic sticks with wooden ones as well as plastic spoons with wooden coffee stirring sticks.

*If you are on a sightseeing trip and buying a refreshment, please think about if a plastic straw is necessary, that takes up to 200 years to rot...*

## Lunch baskets

If you are planning a sightseeing trip, we provide a free lunch basket for our all-inclusive guests. We kindly ask you to reserve the lunch basket one day in advance until the latest 6.00 p.m. at the reception. You will receive the snacks in a paper bag in the main restaurant. Please note that due to the hot temperatures we do not provide perishable foods, like sandwiches or fresh fruit. You are welcome to add food from our breakfast buffet to your own responsibility.

## Shopping & Souvenirs

For your shopping and souvenir shopping we kindly ask you to avoid plastic bags with each of your purchases. We recommend taking your backpack or re-using the plastic bag from your first shopping. If you wish we can provide paper bags at the reception to take with you.

*Please consider that each plastic bag takes up to 1000 years to rot...*

## Laundry service

If you have any clothes to wash during your stay, we provide a laundry service with extra charge. Kindly contact the reception desk for pricing. We will provide a paper bag for your laundry.

## Hotel Waste Management

### Eco-actions in purchasing, production and recycling of consumer goods

The hotel's management has installed a system to reduce waste in all outlets.

- ☼ Returnable bottles for beer, mineral water and soft drinks.
- ☼ Vending machines instead of individual bottles in the lobby-, beach- and pool bar and restaurant.
- ☼ Bulk purchase of products in recyclable or reusable packaging (fresh fruits and vegetables, avoidance of individual packaging for milk, honey, etc., cleaning agents, oil, etc.)
- ☼ Abolition of aluminum beverage cans and recycling of plastic bottles (PET).
- ☼ Reusable or recyclable decorations for cocktails and recycling plastic straws

## Electricity and Water

- ☼ Broken electrical kitchen appliances are replaced with modern, energy-efficient appliances.
- ☼ It is ensured that all equipment (especially in the kitchen) is turned off when not in use.
- ☼ Regular maintenance and cleaning of all electrical appliances such as refrigerators, freezers, dishwashers, etc.
- ☼ The staff are trained in the effect of energy- and water-saving work.
- ☼ Use table sets instead of tablecloths to reduce the laundry and the associated water consumption for cleaning.

## Miscellaneous

- ☼ Setting a special corner in the restaurant with typical Cretan products that represent the famous Cretan diet, which is considered the healthiest in the world.
- ☼ Mediterranean, Greek and Cretan specialties are available daily on the buffet in the main restaurant

***You can make your holiday environmentally friendly and support our staff in the food and beverage sector for their environmental protection measures, by observing the following ...***

- 🌿 Enjoy your beer, mineral water or soft drink from a glass or a reusable bottle. Leave the empty bottles on the table or in the hotel room, the staff will collect them and carry them to the respective of Recycling.
- 🌿 Please avoid bringing non-recyclable plastic bottles and other packaging from outside the hotel.
- 🌿 Try the Greek and regional specialties and products of the daily menus and traditional corner in the restaurant, so you can understand better the Greek culture.

### **Our environmental activities**

Since several years the hotel Apollonia Beach Resort & Spa is taking part in national and international environmental activities.

Those are ex. the Campaign of the Mediterranean of “Legambiente” and “Clean up the Med”, which is taking place annually in the whole Mediterranean for to collect the waste from the beaches in cooperation with the municipal and the community of Gazi, an event, where also our clients are invited to take part together with our hotel staff; Tree planting initiated by the community of Gazi in autumn; “Blue Flag of Europe”, an organization for the protection and organization of the beaches (such as sea water controls, environmental protection, care for disabled people etc.), “World Environmental Day”, an international event organized by the United Nations; “Hands across the sands” an eco-action against oil drilling and pollution of the oceans.

The activities involving our guests are announced by our animation team.

For more information on our sustainability policy click [here](#).

**The Management and the staff of the hotel Apollonia Beach Resort & Spa welcomes feedback from our guests, community and staff about the work we are doing to improve our environment and social impacts, including suggestions about how we can improve. Please email your comments or ideas to [secretariat@apollonia.gr](mailto:secretariat@apollonia.gr)**

**The Management and the team of Apollonia Beach Resort & Spa is thanking you for your support and wishing you a pleasant and relaxing stay.**

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